

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ralph Pitchford

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2019 #1

held at Cowhouse Market.

TIME 01:43:52

PACE 06:54/km

OVERALL 11 of 17

03 March 2019, Sun

Date

GENDER 9 of 11

50 - 59 1 of 1



BoutTime

Signature